

Sheffield Adult Autism Partnership

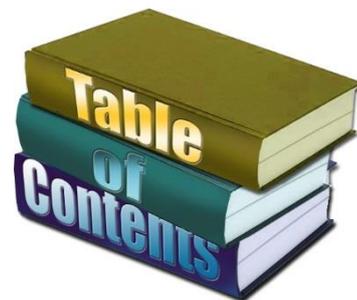
Pathways to Employment

Draft 1 June 2016

Updated Oct 016



Contents Page:



- Leaving education: Page 3
- Benefits & care plans etc: Page 4, 5 & 6
- Citizen advice centres: 7
- Free advice and support regarding employment: 8 & 9
- Getting advice to prepare for and gain a job: 10, 11,12,13,14 & 15
- Specialised organisations that can help you gain work experience and paid employment: 16, 17 &18
- Help to stay in work: 19 & 20
- Useful Numbers: 21, 22. 23.&24

All information is correct in this booklet at time of going to print

Leaving Education

Leaving School

Who can help you:

Jobseekers Allowance (JSA) 16 and 17 year olds are only entitled to Jobseekers Allowance if they are:

- Living away from their parents or another person acting in place of their parents; or
- Couples with children; or
- Those released from custody.

They must register for work and training with the careers service or connexions service and must satisfy the basic rules of entitlement i.e.

- Available for work;
- Actively seeking work;
- Have entered into a Jobseekers agreement;
- Are not working 16 hours week or more;
- Capable of work;
- Not in full-time education;
- Resident in Great Britain.

If a claimant does not fit into one of these categories, they may still be able to get JSA for a short period, if they will suffer hardship if it is not paid. This is called Severe Hardship Direction and is usually paid for eight weeks.

Sanctions will be placed where young people refuse offers of work or training or leave training without good cause.

They will need to contact the Jobcentre Plus Call Centre on telephone number 0845 608 8501

The Facts

- Most under 18s not in education can only get money if they undertake training or get a job.
- Training programmes come under a variety of names like 'Modern Apprenticeships', 'Life skills', 'National Traineeships' or 'Work-based Training for Young People'.
- All under 18s are guaranteed a training place.

Contact Jobcentre Plus on 0800 0556688 or your nearest branch or National Career Service Help Line on 080 800 13219

<https://www.dwpe-services.direct.gov.uk/portal/page/portal/jsaol/lp>

Leaving College

Who can help you:

18 to 19 year olds

- You can't usually get JSA if your parents receive Child Benefit for you.
- If you've just left education, you won't be able to get JSA until your parents stop getting Child Benefit for you. You may be able to get [Income Support](#) instead.

Eligibility

To qualify for Income Support you must be all 5 of the following:

pregnant or a carer or a lone parent with a child under 5 or, in some cases, unable to work because you're sick or disabled

16 and [Pension Credit qualifying age](#)

You have no income or a low income and no more than £16,000 in savings (your partner's income and savings will be taken into account)

Working less than 16 hours a week and your partner must also work less than 24 hours a week (you may still qualify if you do unpaid voluntary work or go on [parental](#) or [paternity leave](#)).

Living in England, Scotland or Wales - there are different rules for [Northern Ireland](#)

Also, you qualify if you're in full-time education (excluding university), are aged between 16 and 20 and are one of the following:

A parent

Not living with a parent or someone acting as a parent

A refugee learning English

You'll continue to receive Income Support until your course finishes if you're orphaned or estranged from your parents and it ends the same year that you turn 21.

You don't need a permanent address - for example, you can still claim if you:

sleep rough

live in a hostel or care home

When you won't qualify

You won't usually qualify if you:

Get Jobseeker's Allowance or Employment and Support Allowance

are a young person being looked after by a local authority (unless you're a single parent)

Have savings above £16,000

Need permission to enter the UK

Contact Jobcentre Plus on 0800 0556688 or your nearest branch or National Career Service Help Line on 0800 800 13219

<https://www.dwpe-services.direct.gov.uk/portal/page/portal/jsaol/lp>

Leaving University

Who can help you:

You could get Jobseeker's Allowance (JSA) if all of the following apply:

You're 18 or over

You're under [State Pension age](#)

You're not in full-time education

You're in England, Scotland or Wales

You're available for work

You're actively seeking work

You work on average less than 16 hours per week

Contact Jobcentre Plus on 0800 0556688 or your nearest branch or National Career Service Help Line on 080 800 13219

<https://www.dwpe-services.direct.gov.uk/portal/page/portal/jsaol/lp>



Benefits and Care Plans

If you are not getting any benefits at all, you will be entitled to one or more of the below:

Some benefits are paid by the government:

Disability Living allowance:

Disability Living Allowance (DLA) is a tax-free benefit for disabled people who need help with mobility or care costs.

DLA is ending for people who were born after 8 April 1948 and are 16 or over.

You'll continue to get DLA until the Department for Work and Pensions (DWP) writes to tell you when it will end and invites you to apply for the Personal Independence Payment (PIP).

Personal Independent Payment:

Personal Independence Payment (PIP) helps with some of the extra costs caused by long-term ill-health or a disability if you're aged 16 to 64.

You could get between £21.80 and £139.75 a week.

The rate depends on how your condition affects you, not the condition itself.

You'll need an assessment to work out the level of help you get. Your rate will be regularly reassessed to make sure you're getting the right support.

Employment Support Allowance (ESA):

If you're ill or disabled, Employment and Support Allowance (ESA) offers you:

Financial support if you're unable to work

Personalised help so that you can work if you're able to

You can apply for ESA if you're employed, self-employed or unemployed.

You might be transferred to ESA if you've been claiming other benefits like Income Support or Incapacity Benefit.

Work Capability Assessment

You must have a Work Capability Assessment while your ESA claim is being assessed. This is to see to what extent your illness or disability affects your ability to work.

You'll then be placed in one of 2 groups if you're entitled to ESA:

Work-related activity group, where you'll have regular interviews with an adviser



Support group, where you don't have interviews

You can do certain paid or unpaid work while you're getting ESA and it won't affect your benefit. This is called 'permitted work'.

You can do permitted work whether you're in the support group or the work-related activity group.

Permitted work means you can:

- work and earn up to £20 a week
- work less than 16 hours a week, and earn up to £115.50 a week for up to 52 weeks (there's no time limit of 52 weeks if you're in the support group)
- do work that's part of a treatment programme done under medical supervision while you're in hospital or attending as an out-patient
- work and earn up to £115.50 a week if it's work that's 'supported permitted work' - there's no limit to the number of hours per week or length of time you can do

Supported permitted work is work that's supervised by someone from a support agency such as Autism Centre for Supported Employment or Autism Plus etc

ESA helpline

Telephone: 0800 055 6688

Textphone: 0800 023 4888

Welsh language telephone: 0800 012 1888

Open Monday to Friday from 8.00am to 6.00pm

Job Seekers Allowance:

You can apply for Jobseeker's Allowance (JSA) to help you when you look for work.

What you need to do

1. Check you're eligible.
2. Make a claim and go to an interview at your local Jobcentre Plus office.
3. Keep to your agreement to look for work.

Your JSA payments will be stopped if you don't keep to your agreement to look for work and can't give a good reason.

Some benefits may be paid by the local authority:

Personal Budget

If you have had a social care assessment and you qualify for support through a personal budget, this support may specify that some of the money should be used to help you gain work – written into your care plan.

A personal health budget is a method of giving people more choice and control over the type of care they have and how it is arranged. A personal health budget is an amount of money to support a person's identified healthcare and wellbeing needs, which is planned and agreed between the person, or their representative, and the Clinical Commissioning Group (CCG).

At the centre of a personal health budget is the care plan. This plan helps the person decide their health and wellbeing goals, together with the CCG who offer support and guidance, and set out how the budget will be spent.

A Personal Budget can also help fund supported employment when gaining vital employability skills when on a work experience placement.

If you haven't had a social care assessment you can get one by contacting:

Adult Access Team: 0114 2262900



Citizens Advice Centres

These disability specific Citizens Advice Centres offer: money and benefits etc

With Green Communication Tick

(Advisors with Learning Disability Training)



Castle Advice Service

207 Duke Street
Sheffield
S2 5QP
Tel: 0114 275 4578 (Reception)

Foxhill & Parson Cross Advice Service

522-524 Wordsworth Avenue
Sheffield
S5 9LG
Tel: 0114 245 0287 (Reception)

Woodseats Neighborhood Advice Centre

714 Chesterfield Road
Sheffield
S8 0SD
Tel: 0114 258 4384 (Reception)

Firth Park

9 Stubbin Lane
Sheffield
S5 6QG
Tel: 0114 242 2107 (Answer Phone)
Tel: 0114 250 1144 (Reception)

Hillsborough and Area Advice Centre

Proctor Place
Sheffield
S6 4HF
Tel: 0114 285 2020 (Answer Phone)

Firth Park

9 Stubbin Lane
Sheffield
S5 6QG
Tel: 0114 242 2107 (Answer Phone)

Hillsborough and Area Advice Centre

Proctor Place
Sheffield
S6 4HF
Tel: 0114 285 2020 (Answer Phone)

Sheffield Debt Support Unit

(For Money Issues Only)
1st Floor The Old Dairy
Broadfield Road
Sheffield
S8 0XQ
Tel: 0114 250 1144 (Reception)

The Sheffield directory has lots of useful number of various support agencies etc:

www.sheffielddirectory.org.uk

Free advice and support regarding employment in Sheffield

There are some places where you can get free advice and support to get work, work experience, help with preparing for work.

Sheffield Futures

Sheffield Futures is a dynamic and vibrant independent charity which supports young people and adults to achieve their full potential in learning, employment and life to achieve a better future. The majority of our work is with young people aged 14-25 who we support and equip for a positive transition into adulthood. We support young people who are most at risk, with employment, youth involvement, careers guidance and personal development.

Sheffield Futures
Star House
43 Division Street
Sheffield S1 4GE

Job Centre Plus

You will need to see a work coach.

The Job Centre offers a range of services (see page 12)

Disability Sheffield

We are a membership and user led organisation, run and controlled by disabled people. We promote independent living for disabled people in Sheffield. By independent living we mean that disabled people have the same freedom and rights to exercise choice and control over their own lives as any other person.

The Circle
33 Rockingham Lane
Sheffield
S1 4FW
Tel: 0114 253 6750
Fax: 0114 253 6752
Email: info@disabilitysheffield.org.uk



Skills Made Easy

An apprenticeship is a job with training. As an apprentice you will work for an employer and earn a salary, as well as gaining qualifications and skills. Many business owners view apprenticeships as the first step towards building a career in your chosen industry.

0114 229 6183

skillsmadeeasy@sheffield.gov.uk

Volunteering

Voluntary Action Sheffield (VAS) works to improve the quality of life for all of Sheffield's communities by supporting voluntary and community action in the city.

We delivering a wide range of services, including specialist support, advice and training, to over 800 voluntary and community organisations and charities each year

Promoting and supporting volunteering in the city

Helping voluntary and community organisations and individuals to contribute to Sheffield's development and services.

info@vas.org.uk

Tel 0114 2536600

01142536601

skillsmadeeasy@sheffield.gov.uk

Getting advice to prepare for and gain a job

To be successful at gaining a job, you need to have some relevant work experience and to have prepared a CV and know how to write letters to apply for jobs.

- ✚ You may need to develop the confidence to 'get ready' for work.
- ✚ You also need to know what you are good at and what sorts of jobs you would like and would be able to do.
- ✚ You may need to gain some more qualifications for some jobs.
- ✚ You might want to become **self-employed** – there is a separate section about this.

On the following pages are organisations that can help you with the above

Job Centre

- DEA
- Work Coach
- Special Programmes

Work Choice

- ✚ Work Choice can help you get and keep a job if you're disabled and find it hard to work.

It's voluntary - you don't have to do it. The type of support you get depends on the help you need. This is different for everyone but can include:

- ✚ training and developing your skills
- ✚ building your confidence
- ✚ interview coaching

✚ What you'll get

You can get support to help you find, keep and get on in a job.

The type of help you get depends on what you need - it's different for everyone. For example, you might get help with:

- training
- building your confidence
- finding a job that suits you
- interview coaching
- developing your skills

You'll have an interview to see what support you need when you join Work Choice.

How Work Choice works

Work Choice is delivered by different providers across the country. They offer 3 levels of help.

Level of help	What you get	How long it lasts
Work Entry Support	Advice on work and personal skills to help you find a job	Up to 6 months
In-Work Support	Help to start work and stay in your job	Up to 2 years
Longer-term In-Work Support	Help to get on in your job and work without support	Long-term

Work Entry Support can be extended by 3 or 6 months in exceptional circumstances and when there is a clear prospect of a job.

Specialist Employability Support

Specialist Employability Support provides mentoring and training to help you into work if you're disabled and can't use other employment programmes.

You can apply if you can't get the specialist help you need from other government programmes or schemes, eg [Access to Work](#) (internships), [Work Choice](#) and the [Work Programme](#).

To apply you must:

- have a [disability or health condition](#) that affects the work you can do
- be unemployed
- be between [school leaving age](#) and [State Pension age](#)
- be a UK resident

Help you can get

There are 2 types of support available. The one best suited to your needs will be determined through an initial assessment. You'll get either:

- the Specialist Employability Support Start Back Provision, which provides intensive support and training for an average of 3 months
- the Specialist Employability Support Main Provision, which provides longer-term support and training for an agreed length of time (usually 12 months)

How to apply

[Contact your local Jobcentre Plus](#) to apply. You'll be assessed by a provider and they'll tell you when your support can start.

Support organisations through the Jobcentre plus

The main organisations include:

- your local Jobcentre Plus
- Shaw Trust
- Remploy
- Kennedy Scott
- Steps to Employment
- Royal National College for the Blind
- Doncaster Deaf Trust

Work Programme

This provides support, work experience and training for up to 2 years to help people find and stay in work.

You might have to join the Work Programme if:

- you've been getting [Jobseeker's Allowance](#) for more than 3 months
- you get [Employment and Support Allowance](#) and you're in the Work-Related Activity Group

Jobcentre Plus will write and ask you to attend an interview.

You'll have to attend an assessment interview with Jobcentre Plus if you're still on the Work Programme after 2 years. The interview will help you plan, prepare and find work.

Depending on your circumstances, you can volunteer to join the Work Programme – ask your Jobcentre Plus work coach for more information.

Help for specific types of work

Sector-based work academies offer training and work experience for up to 6 weeks in a particular industry or area of work.

Most academies also offer a guaranteed interview for a job or an apprenticeship.

They're available to people claiming [Jobseeker's Allowance](#) or [Employment and Support Allowance](#) (if you're in the Work-Related Activity Group).

Work clubs

Anyone who's unemployed can join a Work Club. They're run by local organisations like employers and community groups, and give you the chance to share knowledge, experience and job hunting tips.

3. Work experience and volunteering

Contact [Jobcentre Plus](#) to find out about opportunities that can improve your chances of finding work, including work experience, volunteering and work trials.

You might be able to get help with costs like childcare and travel.

Work experience

If you're 16 to 24 and you're getting [Jobseeker's Allowance](#), you can get a work experience opportunity through Jobcentre Plus.

They can last between 2 and 8 weeks, and you'll normally be expected to work between 25 and 30 hours a week.

You may also be able to get help from Jobcentre Plus for costs related to work experience, eg for travel or childcare.

Work Together (volunteering)

If you're unemployed and looking for work, you can volunteer with a local organisation through the Work Together programme. Your Jobcentre Plus work coach will help you to find a volunteering opportunity.

Work trials

A work trial gives you the chance to try out a job and keep getting benefits. It can last up to 30 working days, and you might get offered a job at the end.

Work trials are voluntary, and your benefits won't be affected if you finish early or turn down a job you're offered.

Your Jobcentre Plus can arrange a work trial for you, or you can ask them about how to do this yourself.

Employment on Trial

Employment on Trial allows you to leave a job and start claiming [Jobseeker's Allowance](#) again without this affecting your benefit (unless you're sacked or leave because of misconduct).

You must have worked more than 16 hours a week for between 4 and 12 weeks before leaving the job.

Becoming self employed

New Enterprise Allowance

New Enterprise Allowance can provide money and support to help you start your own business if you're getting certain benefits.

Eligibility

You must be aged 18 or over, have a business idea and get one of the following benefits:

- [Jobseeker's Allowance](#) (or your partner does)
- [Employment and Support Allowance](#) (or your partner does)
- [Income Support](#), if you're a lone parent, or you're sick or disabled

You may also be eligible if you get [Universal Credit](#).

Your Jobcentre Plus work coach can check if you qualify and refer you to the scheme.

You don't qualify if you're part of the [Work Programme](#), but you can still [get other help setting up a business](#).

Help you can get

You could:

- get a business mentor to help you develop your business idea and start trading
- get a weekly allowance paid for up to 26 weeks (up to a total of £1,274)
- apply for a [loan to help with start-up costs](#)

The loan has to be paid back, the allowance doesn't.

Any money you get doesn't affect your Housing Benefit, tax credits, Income Tax, Universal Credit or [Access to Work grant](#).

How it works

A specialist will assess your business idea. If it has potential you'll be signed up to the scheme and get a business mentor.

You'll be able to claim financial support if:

- your business plan is approved
- you start working at your business for 16 hours or more per week

Additional information

The [Jobcentre Plus work coach](#) will explain:

- how New Enterprise Allowance works
- who will assess the business idea
- who provides the practical support
- what Jobcentre Plus expects from you
- how much the allowance will be and how it will be paid
- about the loan
- what will happen when the allowance ends



Specialised organisations that can help you gain work experience and paid employment etc

Autism Centre for Supported Employment

The Autism Centre provides employment support for adults with autism, aspergers and learning disabilities and has a very client centred approach. We are a small charity with a small team of dedicated staff whose aim is to see each client progress and develop in their own time.

Offers:

- Quality specialised skilled employment support (over 13 year's experience)
- Advice and guidance on all areas of employment
- One to one support on work experience placements
- Tailored and individualised support within paid work
- Job searching, interview skills / preparation
- Support with CV building and application forms
- Indefinite on-going support for both the client and employer
- Advice and guidance for appropriate support in other areas of life aside from employment
- Presentations and workshops for employers, professionals and associates with regards to autism and employment

On-going Placements can be funded through Personal Budgets or Care packages. Please don't let this discourage you from contacting us as there are other options we can explore.

Paid employment In-work support funding is usually available through Access to Work.

We are happy to give you details on how to access these funding streams

Glynis Beck
Centre Manager
0114 2288220 or 0114 2636659
07792 370485
autism.centre@yahoo.co.uk
[Web-site: www.ac4se.org](http://www.ac4se.org)



Autism Plus: First Routes Support

First Routes supports individuals with autism, learning disabilities and mental health conditions to achieve their potential through personalised skills pathways. Support from First Routes helps to increase an individuals confidence and employability skills.

An example of the skills pathways is:

- Engagement - Helping individuals increase confidence and begin to explore alternatives to being at home
- Skill Development - Enabling individuals to confidently look for work or apply to join courses. Supporting individuals to increase confidence in group settings and access a range of community provisions
- Progression - Supporting individuals to explore work and develop job finding skills by practising interviews, completing sample job application forms, visiting workplaces and beginning the preparation for change
- Employment Entry - Supporting to attend work trials, attending job interviews and raising

awareness

with employers

- Retention - Providing support in the workplace to enable individuals to sustain employment long-term

First Routes is a part of Autism Plus, a registered charity.

Support is individually tailored to suit needs and is available on a demand led basis.

First Routes support is funded via personalised budgets or through care packages, however we are happy to discuss your needs with you prior to having a care budget in place if you do not already have one.

For support in the workplace please contact us as funding is potentially available via Access to Work. First Routes services are free of charge to those already accessing Autism Plus care service provision.

0114 384 0284

firstroutes@autismplus.co.uk

www.autismplus.org.uk

The Exchange Brewery
Sheffield
South Yorkshire



Spectrum E

Spectrum E stands for Engage, Empower and Employment. Spectrum E offers free personalised and person-centred, in-work support to individuals with autism or on the autism spectrum, Asperger syndrome, dyslexia, dyspraxia, ADHD, ADD or learning disabilities, people with physical disabilities, mental health issues or long term health conditions. Available across Sheffield, South Yorkshire and North Nottinghamshire.

Spectrum E works around you and the support you need at work, to sustain and progress within employment. Acts as an advocate for employee's rights at work and also negotiates when issues arise.

Employment support offered includes:

Preparing for Work

- Information, advice & guidance
- Help being part of your community
- Help with communication
- Careers advice & guidance
- Expectations in the work place

Work Experience and Volunteering Opportunities

- Work Experience and Work Placements support

Finding and Applying for Jobs

- A specialist disability careers advisor
- Careers advice / job coaching
- Job search & job search methods
- CV/Application form support
- Job matching

- Support to apply for jobs
- Interview techniques
- Support at interview

In Work Support

- Keyworker support in the workplace
- Mentoring & buddying
- Getting to work/ reasonable adaptations to the workplace
- Access to work / Other support

Spectrum E can also support you to progress on to employment if you are in receipt of Self Directed Support or a Personal Budget (Direct Payments). Exact costs will be confirmed once clients specific requirements have been assessed.

Shuchi Harris
07832 037122
spectrum3e@gmail.com



Help to stay in work

Access to Work

1. [Overview](#)
2. Eligibility
3. [What you'll get](#)
4. [How to claim](#)

2. Eligibility

Access to Work grants are only available if the employer is based in England, Scotland or Wales.

You must be 16 or over. You may be able to get a grant if:

- you have an interview
- you're about to start a job or work trial
- you're in a paid job or self-employed (you can't get a grant for voluntary work)
- you're getting [New Enterprise Allowance](#)
- you're starting work experience

Your condition

Your disability or health condition must either:

- affect your ability to do a job
- mean you have to pay work-related costs, eg special computer equipment or travel costs because you can't use public transport

It must also be likely to last at least a year.

Mental health conditions

Your mental health condition must both:

- affect your ability to do a job
- mean you need support to start a new job, reduce absence from work or stay in work

Exceptions

You might not qualify if you get any of these benefits:

- Incapacity Benefit
- Employment and Support Allowance
- Severe Disablement Allowance
- Income Support
- National Insurance Credits

You might still qualify for Access to Work if you earn less than £105 a week and either work:

- as part of a treatment programme to get you off benefits
- supervised by someone from a local council or voluntary organisation who arranges work for disabled people

This is called 'supported permitted work'.

You change jobs

Tell Access to Work if you change jobs. You may be able to:

- transfer equipment to a new job
- get a different amount of grant

You have to make a new application to:

- transfer support workers
- get travel costs

Access to Work atwosu.london@dwp.gsi.gov.uk

0345 268 8489

Monday to Friday, 8am to 6pm

Job Centre Plus

Cavendish Court 9 Bank Street
Sheffield
S1 2DR
Tel: 0845 604 3719

Job Centre Plus
Calvery& Lancer Court
Hillsborough Barracks
639-641 Penistone Road
Sheffield
S6 2GG
Tel: 0845 604 3719

Job Centre Plus
Prospect House
Market Street
Woodhouse
Sheffield
S13 7QX
Tel: 0845 604 3719

Rockingham Court Job Centre
152 Rockingham Street
Sheffield
S1 4EB
Tel: 0845 604 3719

Job Centre Plus
19 Kings Road
Wombwell
Barnsley
S73 0JE
Tel: 0845 604 3719

TRAVEL

Travel South Yorkshire
P.O. Box 801
Exchange Street
Sheffield
S2 5YT
Head Office Tel: 0114 276 7575
Website: www.travelsouthyorkshire.com

Mobility Travel Pass
Tel: 0114 273 4897
Website:
www.sheffield.gov.uk/caresupport/adult/travel

Job Centre Plus
112 West Street
Sheffield
S1 3SY
Tel: 0845 604 3719

Job Centre Plus
19 Eastern Avenue
Sheffield
S2 2FZ

Job Centre Plus
4 Church Lane
Dinnington
Sheffield
S25 2LZ
Tel: 0845 604 3719

Job Centre Plus
Devonshire Buildings
Duke Street
Staveley
Chesterfield
Derbyshire
S43 3NU

Disabilities Services Team (Job Centre Plus)
Tel: 0114 203 3000

Centre For Full Employment
73 West Street
Sheffield
S1 4EQ
Tel: 0114 279 6215

Travel Solutions(Help with Independent travel training)
16 Hallamgate Road
S10 5BT
Tel: 0114 268 5271/2668844



WORK RELATED

Access To Work
Anniestand JCP
Baird Street
Glasgow
G90 9AN
Tel: 0141 9505327

Work Step
145 Crooksmoor Road
Sheffield
S6 3FP
Tel: 0114 2296 180

Yes2work Ltd
53 Mowbray Street
Sheffield
S3 8EN
Tel: 0114 249 3282
Mobile: 07904 586 584
Email: mark.powell@yes2ventures.org.uk

First Step Trust
100-104 London Road
Sheffield S2 4LR
Tel: 0114 281 2981
www.firststeptrust.org.uk

EDUCATION

Autism Centre (Hallam University)
Offers Support & Information
Tel: 0114 225 4549
Email: l.beardon@shu.ac.uk

Freeman College
Sterling Works
88 Arundel Street
S1 2NG
Tel: 0114 252 5940
Email: info@fmc.rmet.org.uk

GENERAL

Children and Families Social Services Access Team
Tel: 0114 273 4855
Email: accessandassessmentteam@sheffield.gov.uk

First Roots/Autism Plus
The Exchange Brewery
2 Bridge Street
Sheffield
South Yorkshire
S3 8NS
0114 384 0284
Website: www.jobsteps.org

Autism Plus
Fieldside Court
3 Field Road
Doncaster
DN8 4AG
Tel: 01405 812 128
Email: www.autismplus.org/

Heeley City Farm
Richards Road Sheffield, South Yorkshire S2 3DT
0114 258 0482
www.heeleyfarm.org.uk

Remploy
Remploy, Synergy Building, Campo Lane,
Sheffield, S1 2EL
Tel: +44 (0)300 456 8029
Email: sheffield.branch@remploy.co.uk

Sheffield College
Autism Support Teams:
Norton Site: 0114 260 2087
City Site: 0114 260 2305
Hillsborough: 0114 260 2253
General College Enquiries: 0114 260 2600

Mencap
Norfolk Lodge, Park Grange Road, Sheffield,
S2 3QF
Tel: 0114 2767757
Email: mencapoffice@sheffieldmencap.org.uk
Website: www.sheffieldmencap.org.uk

Sharing Caring Project
Contact Name: Dalia Magrill
Tel: 0114 275 8879
Email: scpoffice@sharingcaring.org.uk



Sheffield Autistic Society Adult Group
The Sheffield Carer's Centre
7 Bells Court
Bells Square (Off Trippet Lane)
Sheffield S1 2FY
Tel: 0114 2588223
Email: liz.friend@sky.com

Autism in Maturity Service
(Adults with ASD over 40)
Advice40plus@nas.org.uk

Speaking up for Advocacy
Sorby House
42 Spital Hill
Sheffield
S4 7LG
Tel (Rob Lawson): 0114 272 7723
Email: speakingup4action@tiscali.co.uk

Adult Social Services Access Team
Tel: 0114 273 4908
Email: adultaccess@sheffield.gov.uk

Dimensions UK
Housing /Support Services
Tel: 01924 205439
Email: info@dimension-uk.org

Sheffield Adult Autism and Neurodevelopmental
Service
Michael Carlisle Centre, Sheffield, S11 9BF
Counselling / Diagnostic Assessment
Support Group
Tel: 0114 2716968/2716299
Carol.salkeld@shsc.nhs.uk

SOCIAL

Trust and Freedom (Females Only)
Sharing tactile therapies (e.g. massage)
The sessions are usually on the 2nd Saturday of the
month at 1:30
Red Deer, 18 Pitt Street, Sheffield, S1 4DD
gpfairydust1@gmail.com

Citizenship First
350 Glossop Road, Sheffield, S10 2HW
Tel: 0114 279 8001
Email: contact@citizenshipfirst.org

Women's Aspergers Group
Contact Name: Dale Smith
Email: dalea2@msn.com

National Autistic Society (Sheffield)
Tel: 07914 410761 or 01246 238768
Email jayne.dore@hotmail.com

The National Autistic Society Autism Helpline
Tel: 0808 800 4104

Signpost Sheffield
Activities & support for Learning Disabilities
Website: www.signpostsheffield.org.uk

Autism Helpline
Information, advice and support for people with ASD
families/carers and professionals.
Tel: 0808 800 4104
(Free on land lines most mobile phones)

Love 2 Meet U
Tel: 01274 655956
luv2meetu@hft.org.uk

Cinema Pass
0845 1231292
Website: www.ceacard.co.uk

Sheffield Aspergers Parents Action Group
Supporting Parents of Adults Aged 18 and Over
Contact Name: Jackie Wheeler
Tel: 0114 235 2296
Email: jackiewheeler56@hotmail.co.uk

A Team Social Group
Contact Jackie Wheeler on 07734851182
Email: jackiewheeler56@hotmail.co.uk
A Team Snooker Club (autism friendly sessions)
Contact Jackie Wheeler for more information and to find out if places are available on 07734851182
Every Wed (except 3rd Wed in every month)
Email: jackiewheeler56@hotmail.co.uk

Clubbing Crew
Student-led volunteering project
One 2 one support on nights out at the Student Union for over 18s
Contact name: Meredyth Hayler
Tel: 0114 2228544 or 07514183896
E-mail: clubbingcrew@sheffield.ac.uk

Inclusive Sport Sheffield
Focusing on the Ability in Disability Within Reach
Disability Sports
Activity Sheffield, Leisure Services, 2-10 Carbrook Hall Road, Sheffield, S9 2DB
0114 2734266
Kimberley.ashmore@sheffield.gov.uk

Monday Club
Activities Pod
The Hub, 6 Paternoster Row
Sheffield S1 2QQ
Tel: 0114 225 5000
r.owen@shu.ac.uk

Built Right Out of My Back Yard
350 Glossop Road, Sheffield, S10 2HW
0114 2798001
karina.tape@citizenshipfirst.org

