



www.sheffieldautisticsociety.org.uk

Sheffield Autistic Society

Charity number 1024174

Phil : philcooney99@yahoo.co.uk

Liz : liz-friend@sky.com

Graham : graham.sasoc@gmail.com

Sheffield Autistic Society Telephone HelpLine:

The new number is 07923 473240 Mon to Fri 9am to 5pm

Xmas Party John & Michelle 0114 269 6382

SEPT NEWS 2017

Daytime Meetings: Come and join us whenever you can. We meet for a chat (cuppa and biscuits are free) at the Carers Centre, Concept House, 5 Young St, Sheffield S1 4LA on the third Wednesday of each month :-

Wednesday 18 Oct - 1230-230pm

Wednesday 15 Nov – 1230-230pm

No meeting in December

Wednesday 17 Jan 2018 – 1230-230pm

Wednesday 21 Feb 2018

Asperger Adult Social Group: on the last Thursday of each month held usually in the Hallam Uni, Charles St Building, S1 2ND from 7-9pm – next meetings – Thurs 28 Sept, Thurs 26 Oct, please contact Liz for more information

Other Items in the Newsletter:

- Ibk Sleep training course
- ShARL free public talks
- Hesley Group free talk 19 Oct in York
- Showroom Hands On Film course 16-19 year olds
- Adult Community Mental Health News – changes – info sessions

- LD Carers Butty Group (LD includes Autism)
- Carer Voice – free workshop – 20th Oct – Sheffield
- Sheffield & Rotherham PDA support groups
- Sheffield Autistic Society Xmas Party – Sat 9 Dec – reply slips please

IBK INITIATIVES

Do you have a child who struggles with sleep?

Kate at ibk was recently lucky enough to be trained by the Children's Sleep Charity to facilitate workshops for parents to help their children sleep better. The course runs for 1.5 hours per week for 5 weeks. Interested? Please contact kate@ibkinitiatives.com for more information.

Sheffield University Autism Research Lab (ShARL)

Distinguished Speakers in Autism 2017

These are free seminars that are open to the public. Recent ones include Dr Elizabeth Milne talking about ASC in Adulthood, and the Bohm Dialogue – a group conversation towards a common understanding. The seminars are held close to Sheffield city centre and if you are interested in hearing them and can't attend, they are filmed and put on the website afterwards. If you wish to hear about upcoming seminars you can send an email to sharl@sheffield.ac.uk to be put on their mailing list

For any further question or queries, please contact

Dr Elizabeth Milne.
Sheffield Autism Research Lab (ShARL))
Department of Psychology, University of Sheffield
Cathedral Court, 1 Vicar Lane, Sheffield. S1 2LT.

www.hesleygroup.co.uk

The Hesley Group are hosting a free event with speakers for parents and carers of those with an ASC. Speakers will cover topics such as Total Communication : Makaton Workshop; Active Support – creating an ordinary life; and Complex Communication.

On Thursday 19th October 2017 10am – 3pm (including buffet lunch)

Free Parents Autism Event in York

At York Racecourse, Tadcaster Rd, York YO23 1EX

General Enquiries 01302 866906

Places can be booked through the Hesley website.

Hands on Film Course for 16 – 19 year olds

Dear Phil Cooney

Sheffield Autistic Society

I work at Showroom Cinema, Sheffield, and am currently looking for enthusiastic **16-19** year olds to take part in the **BFI Film Academy**.

The academy will take place on Saturdays at Showroom Cinema in Sheffield from **November 2017 – January 2018**. The course is an incredible experience for anyone interested in the arts, or who would like to pursue a career in the film industry.

It is a hands-on film course that gives students the opportunity to experience masterclasses and workshops with industry professionals in areas such as editing, script-writing, directing, producing, cinematography, acting and animation. They will gain invaluable filmmaking experience and have the exciting opportunity to work in groups to produce their own short film, guided by highly skilled and experienced practitioners.

As well as this, students can gain a Silver Arts Award accreditation – a Level 2 qualification on the Regulated Qualification Framework (RQF).

The programme costs £25, but bursaries are available to cover this as well as any travel/childcare costs if required. Students will also receive a free cinema pass for Showroom, entitling them to unlimited screenings throughout their time on the course. We highly encourage young people to apply from backgrounds often underrepresented within the film industry.

Please could you share this opportunity with any of your contacts who may be interested and find this beneficial? To find out more information and to download the application pack then you can visit <https://www.showroomworkstation.org.uk/filmacademy>.

Also, please don't hesitate to contact me via email with any queries.

Kind Regards,

Rosie Thompson

rosie.t@srws.org.uk

.....if any members know teenagers who would be interested in this opportunity please contact Rosie Thompson at the Showroom Cinema 0114 279 6511

Message from Kevan Taylor, Chief Executive, Sheffield Health & Social Care NHS Foundation Trust

Dear Members

We are making changes to the way **Adult Community Mental Health Services** are currently provided. We have spent the past year talking

to service users, carers, GPs, staff and other stakeholders about how we could better organise our services to meet the needs of the people of Sheffield.

I would like to reassure you that everyone currently in receipt of services will have their care plans respected and will continue to receive a service with as little disruption to them as possible while we make these changes.

The aim of the changes is to make sure that people can get the help they need when they need it, while also making sure that the new services are financially sustainable. The focus of the changes is on easy access, consistent waiting times across the city and services which are able to respond flexibly as service users' needs change.

You can find out more about the changes on our website at:

<https://shsc.nhs.uk/about-us/adult-community-mental-health-services-are-changing/>

We are holding a series of drop-in information events for service users and carers across the city over the next few weeks. The full details are on our website or are available from AMHCR@shsc.nhs.uk If you have any queries or questions about the changes please do not hesitate to e-mail us or attend one of the drop-in sessions.

I would also like to reassure you that we do not anticipate any job losses as a result of these changes and there is no intention for staff redundancy. Where staff roles are affected by the changes we will follow our staff redeployment policy and alternative employment will be found for these staff within the Trust.

With best wishes

Kevan Taylor

0114 2263367

In person: There will be drop-in sessions at all community bases. The drop-in sessions will take place as follows:-

East Glade Community Mental Health Team base	07 September 2-4pm 19 September 9.30-11.00am
Northlands Community Mental Health Team base	08 September 10-12pm 21 September 1-3pm
Netherthorpe House SORT Team base	12 September 1-3pm 21 September 10-12pm
Argyll House Community Mental Health Team base	15 September 10-12pm 26 September 2-4pm
Limbrick Community Mental Health Team base	18 September 1-3pm 27 September 10-12pm
The Circle, Rockingham Lane, Sheffield S1 4FW	26 September 5.45-7.30pm

Regular updates and progress reports will be shared with the citywide and local SUN:RISE groups. Email sun.rise@shsc.nhs.uk for details of meetings.

Sheffield Autistic Society members : we only got the email about **Adult Community Mental Health Services** on 13 Sept and by the time I get the newsletter out to you there will be very few info sessions left. Could everyone please ring or email and ask

for more info sessions please? They need to enable us to find out and take part in this rather than sending out the info at such a late date that we can't actually access the info sessions. Many thanks – Phil.

LD Carers Butty Group

<https://ldcarersbuttygroup.wordpress.com>

The LD Carers Butty Group is a support group for LD carers and meets at Sheffield Carers Centre every 4th Tuesday of each month from 12 noon to 2pm.

All LD carers are welcome to come 12 - 2pm where you will find other LD carers who discuss their own situations and endeavour to help and support each other. The Butty Group is facilitated by Chris Sterry who is a LD carer himself. Tea and Coffee is provided, but you will need to bring your own sandwich (butty) for your lunch while there.

An email address has been created being ldcarersbuttygroup@gmail.com which is administered by Chris Sterry. This email address is also used by Chris to provide news or items of interest on LD matters. To enable for this information to be sent out please advise your email address to ldcarersbuttygroup@gmail.com or provide this to Chris when you come to a support session. Your email address will also be treated with respect and will not be disclosed to any other party.

The next Butty Club will be on Tuesday 26 September 2017, Chris is not expected to attend, however, Dalia Magrill (Sheffield Carers Centre) will be around and is more than likely to spend 1 hour with the group while she is having her lunch. Chris will be attending the October Butty Club on Tuesday 24 October 2017.

Sheffield Carers Centre is at Concept House 5 Young Street Sheffield S1 4UP
(note: LD stands for Learning Disability – this includes people diagnosed with an Autistic Spectrum Condition)

Carer Voice

WORKING TOGETHER: A workshop for family carers and service providers

- Are you a parent or family carer for a relative with a learning disability?
- Do you provide support or services for people with learning disabilities and their carers?

.....if you are then come and join Carer Voice

**on Friday 20th October 2017
this is a free event**

Carer Voice is a group of family carers and researchers from the University of Sheffield. We have been working together over the last 2 years to find out how carers and service providers interact with each other. We aim to use the evidence from this to enact change that improves experiences for family carers.

We would like to invite you to a **free workshop** where we will be sharing our findings. We will then invite family carers and service providers to collaborate to produce a series of recommendations for service providers to use when working with family carers. This is an exciting opportunity to make a difference.

The event will be held

On: Friday 20th October 10:30-13:30 (tea & coffee available from 10:00)

At: Central Fire Station, 197 Eyre Street, Sheffield S1 3FG (Satnav postcode: S1 3HU)

Lunch and refreshments are provided

For more information and to register your interest please contact:

rachael@carervoicesheffield.org.uk

Website: carervoicesheffield.org.uk

PDA Sheffield and Rotherham Support Groups

Hello Everybody

We hope you are all well and have had a good summer break.

Please find the new meet-up dates for the PDA Sheffield and Rotherham Support Groups. As always, you will be warmly welcomed and can attend one or both groups.

Sheffield – Daytime Meetings

*Please note: the time of the Sheffield support group has changed.

All meetings for Sheffield run on a Thursday.

Time: 11.30am-1.30pm

Dates:

28th September

30th November

22nd February

26th April

28th June

Venue:

All Good Stuff

Academy of Makers

Butchers Works

72 Arundel Street

Sheffield S1 2NS

The venue is a small room at the back of a beautiful craft shop All Good Stuff Academy of Makers based in Sheffield City Centre; there is plenty of road side/car-park spaces.

PDA Sheffield and Rotherham Support Groups

Rotherham: Evening Meetings

All meetings for Rotherham run on a Wednesday.

Time: 6.30pm-8.30pm

Dates:

25th October

31st January

28th March

30th May

25th July

Venue:

Three Horseshoes (upstairs room)

133 Bawtry Road

Wickersley

Rotherham

S66 2BW

Please note this venue takes place in the upstairs room of a room of a public house. There is plenty of parking in the pub car park or on the road.

General Information about PDA Sheffield and Rotherham Support Groups.

Meetings for both groups are informal. Groups are run by parents of children and young people with PDA. They offer support to parents/carers in a similar situation to help them find common ground, emotional and practical support. You can attend one or both groups.



THE SHEFFIELD AUTISTIC SOCIETY CHRISTMAS PARTY 2017

Day of party: Saturday 9th December 2017

Time: 2pm – 4pm

At: Ecclesall Parish Halls Ringinglow Road Sheffield S11 7PP

GIFTS - As Santa, or one of his lovely helpers, will be paying us a visit. It would be very useful if you could tell us what type of gift Santa could give your child/children i.e. car, train, crayons, doll, teddy, bath stuff, **up to the value of £8**. If you don't give us any details we will buy a selection box for them.

PLEASE SEND YOUR REPLY SLIPS BACK NOW BEFORE YOU FORGET - WE NEED THEM BY FRIDAY 13TH OCTOBER

RAFFLE AND FOOD - Don't forget there will be a raffle, so if you have a spare unwanted quality gift please bring it with you on the day, as a prize for the raffle. Please bring food along too - cakes, crisps, sausage rolls, your children's favourites. **We are looking forward to seeing you and your children.**

Sheffield Autistic Society Christmas Party 2017 Reply Slip
Please return by post to Mr John Oughton, 34 Hessey St, Normanton Springs, Sheffield S13 7BL by 30 Sept 2011. Any questions:- phone 0114 269 6382.

Names of adults coming.....

Phone number of adult.....

Food we will bring.....

Name of Child.....Age.....

Gift from Santa.....

Name of Child.....Age.....

Gift from Santa.....

If you have more children please write details on the back of this page.....P.T.O