



your
voice
counts



Briefing

Sheffield Autistic Society
Group Feedback Sessions
We heard from 17 people

October/November 2018

Healthwatch Sheffield attended three meetings run by Sheffield Autistic Society to listen to adults with Autistic Spectrum Condition (ASC) and their families/ carers about their experiences of health and social care in Sheffield. This briefing provides an overview of the key themes as well as suggestions from attendees about how services could be improved for people with Autism.

What did you tell us? Key Themes



Fantastic service at the 
Sheffield Community
and Special Care
Dental Clinic in Heeley

Sensory issues:
health and social care
environments can be



Too loud

Too bright



**Mental Health
Services**

**could be more
accessible**



**Single Point of
Access does not
always work**

**It would be better
if GP appointments
were longer**



**Need time to build a
relationship with
different doctors**

**Social and support
workers** need more time

**'Bring back
Autism
specialist social
workers'**



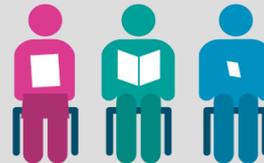
Post-diagnostic care needs improving

For individuals, not just groups



People are waiting too long

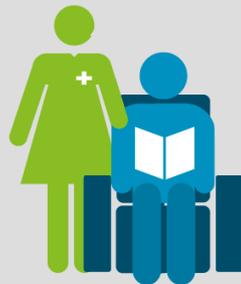
WAITING ROOM



for services from Sheffield Adult Autism and Neuro-developmental Service and Social Care

Some people, such as older adults or Black, Asian and Minority Ethnic and Refugee communities

need more specialised support



We'd like Sheffield Health and Wellbeing Board



to discuss these findings



**Have
your
say**

Your ideas of how services could be improved for people with Autism

Organisations could provide documentation for Autistic people without big blocks of text and with clear headings

Create Autism friendly letters with signs and symbols to let people know what will happen on the day of an appointment

More face to face contact rather than just a waiting list

GP's need ASC awareness

Make people aware of entitlements e.g. Flu jab

Bright lights should be dimmable/covered
Turn music off in waiting room



Share your own feedback or ideas with Healthwatch:

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Sheffield Autistic Society

Supporting people with autism and Asperger syndrome

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