



COPE on Tour!

In July and August, our Carers Outreach Project (COPE) will be on tour in Sheffield throughout the summer holidays, delivering fun, free, interactive sessions for the whole family.

Why not come along, give it ago and meet the team.

When & where to find us

Date	Venue
Monday 5 August 1 - 4 pm	Stocksbridge Leisure centre, Moorland Dr, Stocksbridge, Sheffield S36 1EG
Tuesday 6 August 1.30 - 4 pm	Firth Park library 443 Firth Park Rd, Sheffield S5 6QQ
Thursday 8 August 1.30 - 4 pm	ZEST 18 Upperthorpe, Sheffield S6 3NA
Tuesday 13 August 1.30 - 4.30 pm	Ponds Forge Leisure Centre, Sheaf St, Sheffield S1 2BP
Thursday 15 August 10 -12.30 / 1.30 - 4.00 pm	Rivelin Fire Station, Rivelin Valley Rd, Sheffield S6 5FE

Get in touch

Telephone: **0114 275 8879** (Available Monday to Friday 9:30am-4pm)

Website: www.sheffieldmencap.org.uk/parents-carers/parent-carer-support/

Email: COPE@SheffieldMencap.org.uk