



Carer's Outreach Project (COPE)

Sharing Caring Project Workshops

Keep in Touch and Carers Outreach Project are running a number of workshops across Sheffield for carers of adults with learning disabilities and/ or autism.

If you are interested in attending a Workshop, please contact us (details below) or book a ticket through Eventbrite.

Emergency Planning

In this session we support you to consider and plan what would happen to the person you care for during an emergency situation. We will support you through the document and can plan follow up 1-1 sessions.

Friday 24th January

**Concord Sports Centre
Shiregreen Lane, S5 6AE**

Friday 7th February

10:00-12:00

**Morrisons Community Room
Hillsborough,
699 Penistone Rd, S6 2GY**

Health Passports

During this session, we support you to complete the Health Passport (previously the Hospital Passport). This document supports health care professionals when caring or during appointments with your loved one.

Thursday 16th January

13:00-15:00

**Burton Street,
57 Burton St, S6 2HH**

Tuesday 11th February

10:00-12:00

**Creswick Methodist Church,
Yew Lane, S5 9AZ**

Sharing Caring Drop in Sessions

Come and find out what services, sessions and groups we offer. These are drop in sessions so no need to book.

Thursday 16th January, 15:00-17:00: Burton Street, S6 2HH

Thursday 30th January, 15:00-17:00 Sheffield Mencap & Gateway, S2 3QF

Contact us:

0114 276 7757

COPE@sheffieldmencap.org.uk