

Improving Physical Health of Autistic Adults in Sheffield Guidance Document

In Sheffield, key stakeholders are working together (through the Physical Health Implementation Group - PHIG) to collectively look at how they can support Autistic people to have the best possible physical health.

As part of their drive and commitment to make this happen, they have given £3,000 to VAS to target the Voluntary Community Sector (VCS) by injecting grants into groups working directly with Autistic adults who reside in Sheffield.

Q. Who can apply?

To be eligible to apply for and receive funding your group must fit the following criteria:

- Be a not for profit, third sector, voluntary or community group
- Be Sheffield based and meeting the needs of Autistic people living in Sheffield
- Have a bank or building society account in the name of the group
- Have a governing document including a minimum of the group name, aim and membership – this doesn't have to be anything too formal, just something which can describe how the group works.

If your group is interested in applying, but has trouble meeting these requirements, please contact Melissa Simmonds M.Simmonds@VAS.Org.UK and we will work with you to see if there are ways in which we can adapt what we need.

Q. What sort of activities can grants be used for

These are examples of activities. You will know your members far better than we will, so you may have better ideas about what your community needs.



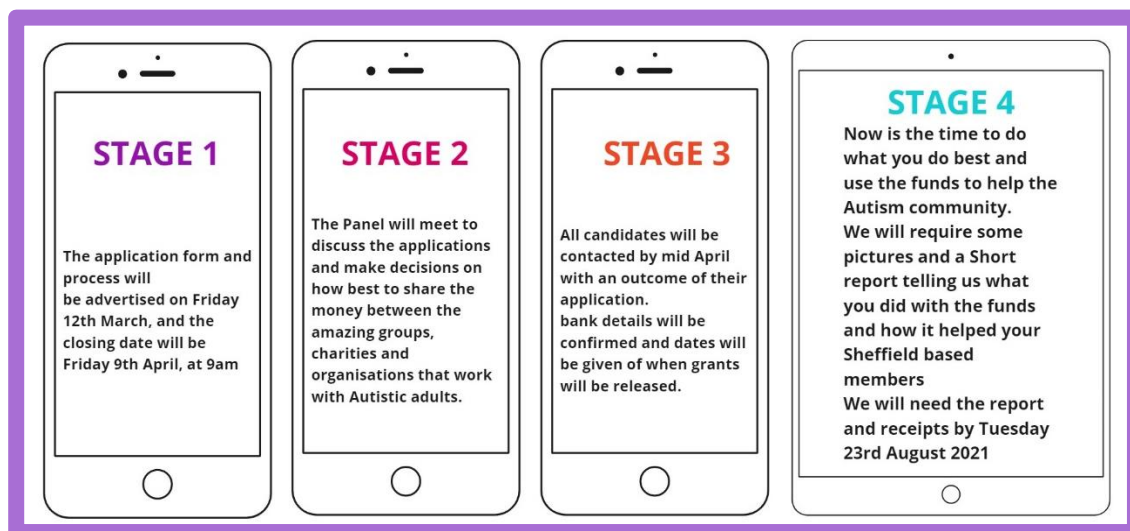
Q. How much are the physical health grants for?

Awards are for a maximum of £500, and we would particularly welcome applications from projects that work collectively between organisations to support larger groups of Autistic people.

Q. What are the timescales?

The grants open on Friday 12th March 2021, and the deadline for applications is 9am on Friday 9th April 2021. Grants will be awarded as soon as possible after the deadline.

Evidence of what the grants were used for and the impacts it had on the Autism community in Sheffield is required by 23rd August 2021. Pictures, videos and other creative ways of producing evidence are welcomed, this does not have to be a wordy or large report.



Q.

How do we apply?

You can apply for a grant by filling out the Improving the Physical Health of Autistic Adults in Sheffield application form.

If you need additional help, or reasonable adjustments to make an application contact Melissa Simmonds directly via email on M.Simmonds@VAS.Org.UK and we will try our hardest to make the process easier for you.

Because of Covid-19, we ask that you send applications back via email, again, if this is going to be difficult for you please contact us asap.

The deadline for applications is 9am on Friday 9th February 2021